

**RISKS AND MORE** 

This magazine talks about which is more threatening between distracted walking and distracted driving.

# INSIDE:

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Facts about distracted walking and distracted driving, and which is more dangerous.

### By Jean Lee

According to the National Highway Traffic Safety Administration (NHTSA), there are 660,000 U.S. drivers using their cellphones while driving. And some statistics show that around 60% of walkers are distracted, too. Between distracted walking and distracted driving, which would be considered more dangerous?

# **Distracted Walking**

Walking while being distracted is perilous to that one individual's life. If they are not alert while on the move, there is a possibility that they will cross a busy road, be unaware of traffic changes, or unable to stand clear of intersections and areas that aren't supposed to be walked on. These dangers create a higher risk of a collision or a fatal crash.



# **Distracted Driving**

Distracted drivers behind the wheel put risk to everyone around them. They pose a threat to themselves, individuals in their vehicle, other drivers, and pedestrians. Drivers who are distracted are irresponsible because it is their duty to focus as they drive. A split second of distraction and anything and everything could go wrong.



In conclusion, distracted driving is more dangerous than distracted walking, though both are unsafe behaviors. Although some people believe that distracted walking is more threatening, driving can cause harm to more than one person if the driver is distracted while pedestrians will mainly only cause harm to themselves.

# Distracted drivers pose a risk to everyone around them.

Be sure to stop anyone, including yourself, from distracted walking and distracted driving.



Amount of Distracted Driver Injuries and Deaths

# Safety

60% of walkers are distracted. That means that 60% of walkers are not being very responsible. In order to be a responsible citizen and stay safe on the go, there are some simple things to consider before walking or driving.

## Do Not Disturb

Putting your phone on Do Not Disturb will help prevent distractions. According to Florida State University, receiving a notification from your device can impair the ability to focus on a task.

### Be Alert

When on the road, behind a wheel or not, make sure to be aware of the surroundings. Pay attention to the course and signs around you.

# Tell Others

Make sure that people around you are not distracted. Keeping people around you safe could save their lives.



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